



Hashofar

Adas Yoshuron Synagogue
50 Willow Street • P.O. Box 1250 • Rockland, Maine 04841
207-594-4523 • info@adasyoshuron.org
Unaffiliated • All-Inclusive • www.adasyoshuron.org

Community Passover Seder

Adas Yoshuron Community,

You and your family are invited to join the Adas Yoshuron Community Seder on **Tuesday, April 23, 2024**. The Seder will begin promptly at 6:00 p.m. You may arrive at 5:30 p.m. (or after) in order to be seated earlier. Dinner will be at 7:25 p.m.

Please RSVP by April 5 with payment (cash, check, or credit card) to Minda, the synagogue Administrator, and call Denise Singer or Steva Parkman to help us balance the meal with your potluck dish. We are working to keep the fees low in the face of food cost inflation from before the Covid pandemic. The fees are \$30.00 per person, \$45.00 per couple and \$55.00 per family.

We will be providing broiled salmon, matzoh ball soup, gefilte fish, charoset, and smoothies. Other dishes will be provided by seder attendees.

We look forward to hearing from you by phone and seeing you in person.

Denise Singer 207-701-1144 Steva Parkman 207-542-9030



Rabbi Freidenreich on Mideast History

Wednesday, April 17, 7:00 p.m.

Learn about Israel/Palestine history with Rabbi David Freidenreich, Professor of Jewish Studies and Associate Director at the Center for Small Town Jewish Life at Colby College. How did we get here? Join us for a presentation on the history of this conflict and its present day challenges.

Writing Group

How are you coping with the pain, confusion, hatred, and grief of the post-October 7 world? One way of navigating the morass is through writing about our feelings and experiences. Come join Adas Yoshuron's newly formed Writing Group on **Wednesday, April 17, from noon to 1:00 p.m.**

The group meets once a month at Adas Yoshuron. Sessions will include ten minutes to write — based on prompts — followed by discussion, and will end with prayers for healing. Previous writing experience is not necessary, and sharing what you've written is optional. Each month a different participant will bring a poem, prose, a piece of art, or some music as a writing prompt. Bring pen and paper.



For more information, contact Deborah Shepherd.

Save the Date!

Congregational Meeting: Sunday, April 14, 4:00 p.m. See the President's message on page 3 for more info.

Adult Ed - Make a Haggadah Workshop

Thursday, April 4, 11, and 18, 7:00 p.m.

Join us for the next three meetings of this four-part series. In support of the creation of Haggadot for our Seders this year, Rabbi Lorin will lead workshops exploring the rich Passover traditions while we create our community Haggadah. Contributions — poems, songs, prayers, artwork — are welcome from everybody, even if you don't attend the workshop. Email rabbi@adasyoshuron.org for more information.

Tuesday Weekly Morning Minyan

April 2 and 16, 8:00 a.m. on Zoom

Awaken your spirit with online Shacharit (morning) gatherings for prayer and community. This is a regular opportunity to start the day together with gratitude and blessings. Led by Rabbi Lorin. Help form a Kaddish minyan — be sure to join around 8:30 a.m.

Passover Outdoor Morning Service

Tuesday, April 23, 10:00 a.m.

Join as we celebrate the first day of Passover. More details to come.

Tuesday, April 30, 9:00 a.m. in Person and on Zoom

Service for the last day of Passover, including Yizkor.

Shacharit for Rosh Chodesh

Tuesday, April 9, 8:00 a.m.

Shacharit for Rosh Chodesh Nisan. Morning service with Hallel (Songs of Praise) and Torah at Adas Yoshuron and on Zoom.

Bet Midrash

Every Wednesday, 9:30 a.m.

In this weekly ninety-minute session of Jewish learning, we study different common texts on a specific theme, both in chevruta (partners) and as a group. (No class April 24.)

All are welcome. No experience necessary.

Shabbat Services in April

Friday April 5, 7:00 p.m.

Musical Kabbalat Shabbat followed by oneg

Friday, April 12, 6:30 p.m.

Kabbalat Shabbat at Quarry Hill in Camden. Please contact rabbi@adasyoshuron.org if you would like to attend.

Saturday, April 20, 10:00 a.m.

Shabbat HaGadol. Morning services and Torah reading followed by pescatarian potluck lunch in the community room.



Hike and Havdalah at Beech Hill

Saturday, April 13, 7:00 p.m.

Join Rabbi Lorin for a short gentle walk to the top, where we will gather for personal reflections as Shabbat ends and we enter the week. Be prepared for the weather's conditions with appropriate clothing and footwear, and bring water, snacks, and a headlamp.

Meet at the parking lot on Beech Hill Rd.

Books & Bagels

In a change from our usual approach to reading a book each month, we are going to read and discuss three articles on **April 14 at 10:00 a.m.** — two relating to Anti-Semitism and one to the situation in Gaza. The links to the articles are below. If you are interested in joining, please print the articles or save them on your computer. The links are not intended to last.

[Atlantic Article#1](#)

[NYT Article #3](#)

[Atlantic Article#2](#)

For more information, contact Judy Stein.

Soup Kitchen Help Needed!

We need help setting up the dining room **Saturday, March 30**, for the Easter Day Community Dinner. We'll need folks to meet at Adas Yoshuron at 1:00 p.m. to load vehicles with tables and chairs, and deliver and unload them at St. Peter's. We'll set up the dining room and make mashed potatoes.

We can still use volunteers for the **Easter Day Community Dinner on Sunday, March 31**. Please call the office if you can help.

Lisa Breheny is coordinating the April 7 Soup Kitchen. If you'd like to participate, please contact her or call the office.

Soup and Listening Circle

Wednesday, April 3, 12 Noon

Join Rabbi Lorin and the Adas Yoshuron community to share your feelings and concerns about the ongoing war in Israel and Gaza and its impact on our community. Soup will be provided. Email Rabbi Lorin at rabbi@adasyoshuron.org if you're able to bring the soup this month.



From the Rabbi



Dear Chaverim (Friends),

I am still smiling from our joyous Purim party with its wonderful costumes, delicious food, and the many styles of megillah reading — and our responding with raucous glee. The house band was rockin' and the pitter-patter of children's feet was the perfect complement to

sharing our stories and rituals across the generations. In these dark times it is gratifying to nourish our *neshamot* (divine sparks) with a loving, supportive community.

Once again we demonstrated our flexibility by coming together for Purim despite inclement weather as on Rosh Hashanah and Tu B'Shvat. There is a clear commitment and dedication to our simchas. In March, we also gathered for funerals to honor the lives of Simon Benozzer z"l and William Small z"l; both were laid to rest within Rockland's soils after ritual preparation by our Chevra Kadisha (Burial Society).

These gatherings, and the upcoming Pesach Seders, have me thinking beyond the traditional themes of freedom, liberation, eating matzah, and spring, and zeroing in on the Jewish value of "*Kol Yisrael Arevim Zeh Bazeh*" — "All of Yisrael are responsible for one another." How do we take responsibility, show up for one another, and ask for what we need?

The past few months continue to impress upon me the importance of how the Adas Yoshuron community becomes aware of its members' needs. Our re-emerging Hineni (Here I am/Caring) Committee is reviewing how we do this. How can we support you? Are you comfortable asking? What do you need? What can we offer? Please contact me with your thoughts.

In this season, we are also considering taking on a refugee support program. As we dance between the inward (responsible for our fellow Yisrael) and the outward (remember the stranger), our Jewish values and traditions guide us. They are not contradictory but an invitation to the complementarity of opposites, and push us to open ourselves to multiple perspectives.

Miriam took her timbrel in hand and led our people across the sea, ushering in the transformative dance of rebirth from slavery to freedom. We, too, have the capacity to celebrate, and the strength to support both our congregation and the larger community.

Please contact me for information about our Chevra Kadisha, Hineni Committee, or refugee project. Join the opportunities to gather as minyan and stand with our community in their times of need. I look forward to standing with you.

L'shalom,
Rabbi Lorin

President's Message

Purim was wonderful. There has been much discussion in the global Jewish community about how to celebrate Purim this year. At Adas Yoshuron, we celebrated by moving our Megillah reading and Purim party from Saturday night to Sunday afternoon, on account of snow and ice. We also took the time to acknowledge the tragedy in Israel and Gaza and remember the hostages yet to be freed. In the spirit of hope, we still had a lot of fun, dressed in costumes, many quite creative, reading the Megillah, performing a Purim spiel, and sharing a wonderful dinner. If you did not make it, be sure to come next year!

Now Purim is over and we are preparing for Passover, the holiday of liberation. I'm sorry to say that I will not see you at our community Seder. Melissa and I will be driving to Houston to spend Passover with our children. So let me take the time now to wish you all a happy Passover, complete with family and friends.

Before Passover, on April 14 at 4:00 p.m., we will be holding a special congregational meeting to discuss and vote on a revised dues structure proposed by the Board of Directors of Adas Yoshuron. The proposal has been sent to members both by email and U.S. Mail. I am hoping for a large turnout, as we are discussing the future of our synagogue. Before then, please feel free to discuss this proposal with any member of the Board.

L'Shalom,
David Statman
President of Adas Yoshuron Board of Directors

The Rabbi, Board, and staff of Adas Yoshuron Synagogue wish you and your family a very happy Passover

Donations

Thank you for your recent donation.

In loving memory

Glen and Nanette Lapidés for the yahrzeit of Isaac Busch

In memory of William Small

Elaine Alley

Barbara Fishman in memory of her beloved brother

Arla M. Godfrey

Louise Small

Eric Small

Joe Tuschman

Rabbi's Discretionary Fund

Burpee, Carpenter & Hutchins Funeral Home

In honor of Chevra Kadisha

Louise Small

Thank You! Todah Rabah!

To: **Linda Garson Smith** for organizing the Easter Community Dinner Soup Kitchen

To: **Minda Gold** and **Jaques Vesery** for hosting Havdalah in Damariscotta.

To: **Sussi Rowntree** and **Rachel Adler** for leading Crafternoon

To: **Sussi Rowntree** and **Melissa Statman** for challah

To: **David Long** for his inspiring writing prompt

To: **Max Baer** for making soup for the Listening Circle

To: **Denise** and **Larry Singer** for sponsoring Shabbat lunch

Thank You for Making Our Purim Celebration Great

Thank you to our outstanding Programming Committee! Thanks also: to **Sussi Rowntree** and **Mirika Ergas** for transforming our community room, to **David** and **Melissa Statman** for beer and cider, to **Steve** and **Beth Mintz** for wine, to **Liz Snider** for arranging the catered meal, and to **Aaron Britt** for the Purim-themed playlist. To **Mitch Kihn**, **Emma Wendt**, **Janet Martucci**, **Ed Glaser**, and **Cat Lyon** — the Adas Yeshuron house band — for a rousing performance. To all the bakers, and the amazing cleanup crew. To our Megillah readers **Meyer Drapkin**, **David Statman**, **Rosa** and **Mirika Ergas**, **David Cornelius** and **Fania Cooper**, **Laurence Coe**, and **Linda Garson Smith**. To **Stu Kantor** for writing the Purim spiel, and to everyone who performed it. To **Elizabeth Siegel** for organizing crafts and making the Hebrew school families welcome. To **Susan Wind** for bringing some of our bounty to Hospitality House to help feed those in need. To **Rabbi Lorin** for bringing just the right mix of silliness and thoughtfulness, fun and introspection, that allowed us to come together in celebration and reflection on this complicated holiday during a time when so many of us are feeling sad, upset, and confused.

We also thank **Rosa Ergas** for leading the hamantaschen baking with the Hebrew School.

Maine Conference for Jewish Life 2024

Registration is now open for the 2024 Maine Conference for Jewish Life, June 21 to 31, at Thomas College in Waterville. Early-bird prices are in effect until March 31; don't delay securing your space.

Here is just a sampling of sessions that will be offered over the course of the weekend:

- Early Zionist Approaches to the Arabs of Palestine
- Bringing Local Back to Kosher: Ancient Practices for Modern Times
- Seeking Spirituality: The Intersection of Psychedelics and the American Jewish Spiritual Experience
- Learn to Tell Your Jewish Climate Story: A Session for Teens and Adults
- The Rabbi in the Attic: Evolving Images of the Rabbi in Literature, TV, and Film
- Write Your Own Story: A Megillah Making Workshop

The Conference is full of inspiring programming for all ages. See the schedule on our [website](#). Plan to be at the largest Jewish cultural gathering in northern New England. It is an opportunity for learning, engagement, celebration, and enrichment not to be missed!

This year, Adas Yeshuron is a sponsoring organization. Let's get a big turnout!

For more information please contact jewishlife@colby.edu.



Purim 2024 at Adas Yeshurun



Photos: Gail Wartell and Sussi Rowntree

Hebrew School

In the month of March, the Adas Yeshurun Hebrew School students continued to prepare to lead Shabbat services. We learned the prayer *Oud Yavo Shalom Aleinu* and created beautiful illustrations of our favorite prayers. The students baked hamantaschen cookies and put together *mishloach manot* (Purim gift bags).

~Morah Elizabeth Siegel



Join Us for the Family Learning Program April 21, 11:00 a.m.

Join us for a hametz hunt, matzah making, and Exodus Bibliodrama. At noon: matzah pizza lunch and movie screening of *The Prince of Egypt*.

Yahrzeits April 2024; 22 Adar II - 22 Nisan 5784

Martin Beitler	28 Adar II	April 7	Joel Fishman	13 Nisan	April 21
Martin Salas	3 Nisan	April 11	Celia Tuschman	14 Nisan	April 22
Eleanor Singer	3 Nisan	April 11	Janet Levin Hovnanian	15 Nisan	April 23
Habib Mamane	4 Nisan	April 12	Deborah Marlowe	17 Nisan	April 25
Eva Kramer	5 Nisan	April 13	David Kolkin	20 Nisan	April 28
Pauline Zwecker	5 Nisan	April 13	Fred Gold	21 Nisan	April 29
Michael Stein	7 Nisan	April 15	Caryl Kolkin	21 Nisan	April 29
Barbara McCarthy	8 Nisan	April 16	We also mourn the loss of the following people who died within this past year. <i>Zichronam l'vracha.</i> Rebecca Scarborough (July 2, 2023; 14 Tamuz) Robert Meggison (July 6, 2023) Edward Small (September 7, 2023; 21 Elul) Katie Silverman (September 29, 2023; 14 Tishri) Simon Benozzer (February 23, 2024; 15 Adar I) William Small (March 9, 2024; 29 Adar I)		
Albert Statman	8 Nisan	April 16			
Laszlo Koltai	9 Nisan	April 17			
Sylvia Salas	9 Nisan	April 17			
Phyllis Fogel Wind	11 Nisan	April 19			
Harris Gordon Miller	11 Nisan	April 19			
Arthur Guttenplan	12 Nisan	April 20			
Hassiba Mamane	12 Nisan	April 20			
Louis Scovern	12 Nisan	April 20			

What is the Chevra Kadisha?

To many who may not be familiar, and as a brief review for those who already know, the Chevra Kadisha is the Jewish Burial Society (literally the Holy Society). Adas Yoshuron has a Chevra that was formed, at least in our era, in the 1990's during a meeting with Rabbi Harry Sky and interested members.

The Chevra prepares the deceased for a Jewish burial following a procedure called *Tahara*. Men perform *Tahara* for men, and women for women. *Tahara* is performed at a local funeral home, where they are very well-versed in our customs, and supply us with what we need.

This is the final service we perform for an individual. I am personally not religious, but to me, this is sacred and the highest of honors. I am always honored to be there for the person. I am not by any means saying it's an enjoyable experience, but one that is steeped in tradition, the highest of mitzvot, and the "truest act of loving-kindness." The *Tahara* takes an hour.

We need volunteers for Chevra Kadisha. By attrition for various reasons, we are down to a small handful of members. We are not busy, although we had two services in March, after several years of absence, and COVID did interfere.

If this sparks interest, please call the office. We will arrange a training session after gathering names.

Havdalah in the Teepee

On March 9, Damariscotta area folks observed Havdalah in an unusual location — a teepee. It was a warm and festive gathering.



Photos: Minda Gold

Items Missing from our Kitchen

About 20 stainless steel tumblers (cups), black cotton dish towels, and dark green tablecloths are missing from the synagogue kitchen. Please return them to the kitchen as soon as possible. Thank you.



Our Deepest Condolences to the Family of William Small



William “Bill” Small, 84, who will be remembered for his sense of humor, passed away peacefully early morning Saturday, March 9, 2024 at his home in Auburn, Alabama in the arms of his wife.

Born on April 26, 1939 in Rockland, Maine, Bill was the oldest child of Samuel and Ruth Dondis Small. He is survived by his wife, Louise Andrews Small, his daughter, Catherine Small, her

husband, Craig Rueter, their children Samuel and Dylan Rueter, and his sister, Barbara Small Fishman. Bill was predeceased by his parents and his brother, Edward Small.

Bill’s undergraduate studies were at Bowdoin College. After teaching in Brunswick for a year, he spent a year as a Fulbright Fellow teaching in Luebeck, Germany, where he had the opportunity to perfect his German language ability and become more familiar with contemporary German life. He then went on to study at the Middlebury College intensive language program, where he earned his master’s degree. After teaching a couple of years at the University of Maine, he went to the University of Connecticut and earned his doctorate in German literature. He was awarded a National Defense Education Act Grant, which covered all university expenses.

Bill was fortunate in that there was an opening at the UM Language Department in his home state of Maine, where he so enjoyed teaching German language and literature and advising students. He served as chair of the Foreign Language Department for eight years and for a time worked in the Dean’s office.

Bill was awarded a National Endowment for the Humanities Grant, which allowed him to work with a small group of professors from around the country to delve into the topic of German Jewish literature. He

was also the recipient of a Fulbright Grant to Germany to research the Jewish communities of West Germany.

Bill designed many interesting courses, including a very popular total immersion course in German for May Term. He directed a summer program in Graz, Austria where he taught courses, organized trips, and made contacts so UM students could interact with Austrian students. He took over the directorship of the Salzburg program for many years and was also the resident director in Salzburg for two years. He helped start and run a summer program for high school German teachers in Bar Harbor, where the teachers were able to refresh their German and the knowledge of Germany of the day, as well as be re-energized. He was well respected by students, faculty and administrators alike. For about 20 of his last years he was asked to be the Grand Marshal at the University of Maine commencement.

Bill wrote many articles. His book, *Rilke—Kommentar Zu Den Aufzeichnungen Des Malte Laurie’s Brugge*, not only met with praise when it was published, but the National Endowment for the Humanities in cooperation with Chapel Hill recently asked for permission to reprint it.

Determined to support education about truth and diversity, for more than three years Bill drove two hours one way to attend monthly meetings of the board of the Human Rights Commission of Maine. He was also very involved in Congregation Beth Israel of Bangor, serving on its Board for numerous years and as President for seven years.

In 2020 Bill and Louise moved to Auburn, Alabama, to be near the delights of his life: his daughter, Catherine, and her two children, Samuel and Dylan.

Donations in memory of William Small may be made to Congregation Beth Israel, PO Box 1509, Bangor, Maine, 04401 or to ALS Worldwide 1800 N. Prospect Avenue, Suite 4B, Milwaukee, WI 53202

Crafternoon



Photos: Sussi Rowntree and Rachel Adler

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Hashofar Editor

Gail Wartell

Hebrew School Teacher

Elizabeth Siegel

Office Hours

Monday and Wednesday, 1:00 to 4:30 p.m.; Tuesday, 10:30 a.m. to 3:30 p.m.; Thursday, 10:30 a.m. to 2:30 p.m. Please call or email if you plan to stop by.

Contact us! To reach the Board or President:

boardofdirectors@adasyoshuron.org

president@adasyoshuron.org

for the Rabbi: rabbi@adasyoshuron.org

for the Office: info@adasyoshuron.org

for Hashofar: hashofar@adasyoshuron.org

for Hebrew School:

Refu'ah Shleimah



We send our prayers for a complete healing to

Pamela Salomon Benner	John Parkman
Jimmy Brickel	James Rapaport
Judy Grossman	Greg Rossel
Elisheva Kaufman	David Statman
Janet and David Martucci	Daniel Tesler
Susan Most	Annabel Turnbull

If you are aware of someone in the Adas Yoshuron community who is in need of healing prayers, please contact the office.

Board Notes

The Board of Directors is sharing highlights of their meetings. Please contact the Board if you wish to read the minutes from the meeting.

The Board met on Tuesday, March 19, 2024.

The Board:

- Reviewed plans for the Purim celebration
- Discussed speakers for our series
- Planned the special congregational meeting for April 14
- Discussed security at events and clarified policy of when police will be hired
- Discussed protocol for building use
- Approved Adas Yoshuron becoming a co-sponsor of the Maine Conference for Jewish Life

The Board will meet next on Tuesday, April 16, at 6:00 p.m. Note that Board meetings are open to interested members of the congregation.

~Gail Wartell, Secretary

We are grateful for your contributions. • They are vital to the life of the shul.

Adas Yoshuron Donation Coupon
 P.O. Box 1250, Rockland, Maine 04841

Enclosed is my gift of \$_____. My contribution is in recognition of the following:

Name of Honoree/Occasion _____

Name of Contributor _____

Address _____

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April 2024 • Adar II/Nisan 5784

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 <small>Shacharit Service 8 a.m.</small>	3 <small>Bet Midrash 9:30 a.m. Soup and Listening Circle 12 p.m.</small>	4 <small>Hebrew School 4 p.m. Haggadah Workshop 7 p.m.</small>	5 <small>Musical Shabbat Services 7 p.m.</small>	6
7 <small>Soup Kitchen</small>	8	9 <small>Rosh Chodesh 8 a.m.</small>	10 <small>Bet Midrash 9:30 a.m.</small>	11 <small>Hebrew School 4 p.m. Haggadah Workshop 7 p.m.</small>	12 <small>Shabbat Services at Quarry Hill 6:30 p.m.</small>	13 <small>Hike and Havdalah at Beech Hill 7 p.m.</small>
14 <small>Books & Bagels 10 a.m. Congregational Meeting 4 p.m.</small>	15	16 <small>Shacharit Service 8 a.m. Board Meeting 6 p.m.</small>	17 <small>Bet Midrash 9:30 a.m. Writing Group 12 p.m. Rabbi Freidenreich on Mideast History 7 p.m.</small>	18 <small>Haggadah Workshop 7 p.m.</small>	19 <small>Shacharit Service 8 a.m. Board Meeting 6 p.m.</small>	20 <small>Shabbat Services 10 a.m.</small>
21 <small>Family Learning 10 a.m.</small>	22 <small><i>Erev Passover</i></small>	23 <small>Outdoor Service 10 a.m. Community Seder 6 p.m. <i>Passover</i></small>	24 <small><i>Passover</i></small>	25 <small>Hebrew School 4 p.m. <i>Passover</i></small>	26 <small><i>Passover</i></small>	27 <small><i>Passover</i></small>
28 <small><i>Passover</i></small>	29 <small><i>Passover</i></small>	30 <small>Yizkor Service 9 a.m. <i>Passover</i></small>				

Stay updated! Like us on [Facebook](#).



Zoom links are included in the weekly email. Contact the office to join the Adas Yoshuron email list.

Please go to our website for our COVID policy information <https://www.adasyoshuron.org/covid-policy>

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First Class Mail



*We welcome your letters, comments, and
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*Please send your news to
hashofar@adasyoshuron.org.*